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Physical vs Office Visit

Understanding how your visit may be billed

Type into the boxes on your computer, or print and fill in by hand.

Your provider bills your insurance, if applicable, based on the details of your visit. Medical necessity determines our services and coding. The visit types below explain what to expect.

Annual Physical (preventive)

A wellness exam for patients who feel well and have no specific complaints, a thorough review of your overall health. It typically includes:

- Complete physical examination
- Immunization review and update
- Age-appropriate screenings
- Guidance on diet, exercise, and prevention

Office Visit (problem-based)

A focused visit to address a new or ongoing medical concern: new symptoms, follow-up on chronic conditions such as diabetes or blood pressure, medication adjustments, or in-office labs, procedures, and referrals.

Office Visit and Physical (both)

Sometimes a physical and a problem-based visit happen in the same appointment, for example, you come in for a physical and also want a separate concern addressed. Because additional work, examination, and documentation are involved, a combined visit is billed differently than a physical alone.

How this may affect you

Many insurance plans fully cover a preventive physical, but a problem addressed during the same visit may apply a copay, coinsurance, or deductible. Coverage varies by plan, so we recommend checking with your insurance company about how different visit types are covered. We know this can be confusing. If you have questions about which visit you need, please ask.

I understand the difference between a preventive physical and a problem-based office visit, and that a visit addressing both may be billed differently.

Patient signature

Date

How to return this form

Email it to qpca@qualitycaremd.com, fax it to 833-989-2090, or bring it to any of our offices.

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